

CLEMENT KERN GARDENS RESIDENT NEWSLETTER

June/July 2024



Do something FUN in your community,
visit Corktown shops, parks, & greenways.

Top FREE things to do in Metro Detroit THIS SUMMER!

1. Belle Isle Nature Center (Open Sun - Sat. from 10am-5pm).
2. Belle Isle Aquarium (Open Fri - Sun. from 10am-4 pm).
3. Charles H. Wright Museum (2nd Sundays FREE).
4. Detroit Institute of Arts - FREE admission for Wayne, Oakland & Macomb residents must present ID (Sat. - Sun. from 10am-5pm, Tues - Thur. from 9am-4pm, Fri. from 9am-9pm)
5. Explore your local parks & greenways. Visit www.littleguidedetroit.com for more summer fun!

June Activities - Mark Your Calendars

- June 26th & July 3rd @ CKG (across from the leasing office) from 1-2pm - Wheelers & Walkers in partnership with Corktown Health. *ALL ARE WELCOME to cruise the neighborhood, while improving our health. Walk takes place every Wednesday (weather permitting)*
- June 25th @ CKG from 4-6pm! *RESIDENTS...THIS IS YOUR MEETING, SO PLEASE COME OUT AND SHARE YOUR THOUGHTS ABOUT YOUR COMMUNITY. WHAT YOU LIKE OR MAYBE WHAT IS MISSING. WE WANT TO HEAR FROM YOU!*
- June 26th @CKG from 1-2pm - Seniors of CKG
- June 28th @ CKG from 1-2pm - Focus Hope Distribution for Seniors
- July 7th @ CKG Management Office from 9am-12pm - First Fridays
- July 11th @ CKG from 4-5pm - DSO & Reggie Rainbow Series. Enjoy weekly storytelling with music lead by Artist Audra Kubat from DSO .
- July 11th @ CKG from 4:30-6pm - Women Empowerment Series Part 20. Speaker Vanessa Reynolds. Speaker series offering motivation, empowerment, & connections to support personal growth.
- July 24th @ Detroit Hispanic Development Corporation (1211 Trumbull St.) from 1-2pm - DTY Financial Empowerment Workshop - Need to create a budget that workshop is for you? Coaching available.
- July 25th - Save the Date!!! GreenPath Financial Workshop - Learn more by contacting Christina @ TCB



Celebrating Father's Day: A Tribute to All DADS



Father's Day is a special occasion to honor and appreciate the incredible men who play such vital roles in our lives. Whether they're offering wisdom, providing support, or simply being there with a listening ear, fathers and father figures make a profound impact on our personal growth and happiness.



To all the fathers, grandfathers, uncles, and mentors...thank you for your dedication, love, and sacrifice. Your strength and guidance shape our lives in countless ways, and your presence brings joy and stability.



Your love, unwavering support, and dedication are deeply appreciated.

HEALTH & NUTRITION CORNER Resources & Wellness Classes

Peaches and Greens Produce Truck - Every 3rd Tuesday of the month in our Corktown Lobby (1726 Howard St) from 10- 12pm

Cooking Matters At The Store on 6/24/24 at TCB Office (1842 Michigan Ave) - For information call Christina (313) 484-4709 or (313)-636-4401.

Cooking with Love w/Chef Nina- Bi-monthly hands-on nutritional cooking class. Next class on June 26th and July 10th. (meets every other Wednesday)

Are you ready? Get Financially Fit

Thrive in Your Financial Journey



Debt management program can help you be debt FREE. GreenPath, an ODTY& Detroit Thrive Partner, is a trusted national nonprofit with more than 60-years of helping people build financial health and resiliency. You don't want to miss these monthly sessions!

Monthly Virtual Financial Topics Starting on July 25th:

- Keys to Homebuying
- Build Credit from Scratch,
- Options for Dealing with Debt
- Psychology of Spending
- How to Reduce Spending

Call Christina or Tracey at 313-636-4401 for details.

CKG Management Office - RELOCATION

We are closely approaching our first relocation phase! Residents residing in buildings 11 & 12 will temporarily relocate to Left Field. To learn more, please contact your Relocation Coordinator, Erin Rogers, at 313-650-6850 or email ChoiceRelocation@imsteam.net with any questions.

CKG Resident Spotlight



Congratulation to these Clement Kern Gardens Residents for having completed the **Spring 2024 Entrepreneur Training Program.**
We applaud your determination!



Choice Neighborhoods Website

Have you seen our newly updated website? We redesigned it specifically for you! Find out more information on our **People, Housing, Neighborhood & Resident Engagement** strategies and even read these newsletters online! Head over to the website:

detroitmi.gov/choiceneighborhoods

HAPPY BIRTHDAY

Ramona Rivers
Patricia Hubble
Robin Reese
Yaritzel Quezada
Yarielis Colon
Jaiden Paynes-Hebron
Blessuan Brown
Emoni Clerk



COMMUNITY SAFETY IS A SHARED RESPONSIBILITY

HOW WILL YOU CONTRIBUTE?



**Safety Summit
Coming Soon!**

CKG Career Coach's "Team Huddle"



Tanisha Burton

What's holding you back from employment? It can be nothing!
Connect ASAP with your CKG Workforce Consultant to learn about jobs, training, and careers that fit & match your workforce goals.

HERE TO HELP!

If you're looking to change careers or start one, visit the SERCO-Detroit At Work Career Center for employment and training services. Don't hesitate...go today! See Career Coach, Kya French @ 9301 Michigan Ave., Detroit, MI. 48209.

Remember to check your emails for upcoming job fairs and employment opportunities from me!

Every twist and turn in life is an opportunity to learn something new about yourself, your interest, your talents, and how to set and achieve goals! ~ Jameela Jamil

BET ON YOU!



CKG Community Resources



NW Goldberg Cares and Detroit Symphony Orchestra present: **MUSIC IN THE PARK!**

Children and families are invited to weekly musical adventures at **SPOTLIGHT PARK**.

Participants will work with DSO musicians and local artists to learn about melody, harmony, rhythm, texture, expression and sound.

Fridays from 10:30 a.m. to 12:30 p.m.

June 21, June 28, July 12, July 19, July 26

END OF PROGRAM CELEBRATION

July 27

SPOTLIGHT PARK

5945 Linwood

Detroit, MI 48208

This free program is open to children ages 10 and under.

REGISTRATION



COOKING MATTERS SHOPPING ON A BUDGET

Join us for a **FREE**, interactive class as we discuss:

- Reading nutrition facts labels
- Reading and using unit prices
- The differences between fresh, frozen, and canned produce.
- Identifying whole grains

Monday 6/24/24 at 4-5:30PM

Contact Christina Mireles to sign up!

313-484-4709 christina.mireles@tcbinc.org

Get a free \$10 gift card for attending!



This institution is an equal opportunity provider.

Wayne Metropolitan Community Action Agency WORKSHOPS 2024

ALL 2024 WORKSHOP DATES:

- **FOUNDATIONS OF WEALTH BUILDING WORKSHOP: @10AM FOR 2.5 HRS**
6/18, 7/16, 8/20, 9/17, 10/15, 11/19
- **RENTING RIGHT WORKSHOP: @2PM FOR 1.5 HRS**
6/18, 7/16, 8/20, 9/17, 10/15, 11/19
- **HOMEBUYER CLUB: @10AM FOR 3.5 HRS**
6/17, 7/17, 8/21, 9/18, 10/16, 11/20
- **KEEP MY HOME WORKSHOP: @2PM FOR 1 HR**
6/17, 7/17, 8/21, 9/18, 10/16, 11/20
- **MAINTAINING THE DREAM WORKSHOP: @10AM FOR 2 HRS**
6/20, 7/18, 8/22, 9/19, 10/17, 11/21

Learn more and register at waynemetrol.org/housing/

THANK YOU TO OUR PARTNERS!



May Resident Council Meeting Recap!

United Community Housing Coalition (UCHC) hosted the tenant council meeting on Tuesday, June 6th, to discuss mental health awareness. The meeting was initially scheduled for May 28th but was postponed due to weather. UCHC provided light refreshments and snacks for everyone who attended. The speakers invited for the event were Shelby Howard and Bethany Howard from the City Walls Project with the City of Detroit, Jennifer Harvey with Corktown Health, and Laura Howard with the Detroit Health Department. Resident Champion DNisha Brannon introduced each speaker.

Shelby and Bethany spoke to residents about wanting Clement Kern tenants to have a voice in the mural selection process. As residents of Detroit, you can vote on which artists you would like to see paint a mural in the neighborhood. City Walls accepts artist referrals, so if you know anyone interested in creating a mural, you can contact them. City Walls also offers family activities where you can help paint sections of a mural.

Jennifer Harvey, from Corktown, is a social worker with 15 years of professional experience. Their Behavioral Health Department offers therapy services to Detroiters who may experience anxiety, grief and loss, trauma survivorship, and more. Corktown Health accepts different types of insurance and offers self-payments for Detroiters without insurance for greater accessibility.

Laura Howard, a Behavioral Health Specialist with the Detroit Health Department brought boxes of Narcan and spoke about the importance of Narcan accessibility. Some programs the department offers are wellness checks, motivation training, and talking about starting recovery for people struggling with addiction. They also offer youth behavioral services.

If you have any ideas or want to get involved in the planning process for future tenant council meetings, contact Pablo or Meg. Thank you to all who joined, and we hope to see you next time!

For Questions, Contact United Community Housing Coalition:

Meg Marotte: 313-261-4709

Pablo Marcos: 313-572-1401

Claudia Sanford: 313-570-0992

City Walls: 313-542-2171

Jennifer Harvey: 313-832-3300

Laura Howard: laura.howard@detroitmi.gov

